



# Safe Relationships

## Co-production group

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### Information Leaflet

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## Who are we?

We are a team of researchers at University College London. Our research focuses on understanding risk factors for experiencing and engaging in intimate partner violence in adolescence, in order to design preventive strategies and promote safe relationships.

This project is led by Dr. Patrizia Pezzoli and Professor Rochelle Burgess.

### Contact us

[p.pezzoli@ucl.ac.uk](mailto:p.pezzoli@ucl.ac.uk)

### Our website

[www.saferelationshipsproject.co.uk](http://www.saferelationshipsproject.co.uk)

Or scan this QR code:



Thank you for your interest in joining our co-production group! Here you can find out more about the group and what it means to take part.

Feel free to get in touch using the contact details below if you have any questions.

## What is our research about?

We are currently researching intimate partner violence in adolescents. Our research aims to understand what factors put young people at risk of experiencing violence in their romantic relationships, and how we can design prevention and support strategies that help them build safe and healthy relationships.

Research indicates that young people differ in their strengths and vulnerabilities in navigating safe relationships, but there is still much to discover about how these processes work and what we can do to address them.

In collaboration with:





## What are the potential benefits and risks?

Participating in our co-production group will allow you to directly contribute to research that could help young people who may be at risk of experiencing violence in their intimate relationships. You will also receive £25/ hour as compensation for your time. In addition, we anticipate that this research will lead to future studies, providing you with opportunities for continued involvement if you find the experience rewarding and are interested.

We understand that the topics that will be discussed in this co-production group are complex and emotive, and that professional or personal experiences you may have had could influence how able you feel to engage with them. It is up to you how much or little of your professional experience that you wish to share, and it is natural if you are more comfortable providing input in some meetings than others. Resources for additional support will be provided if needed, and you will be able to speak with the researchers at the end of each session.

## Next steps

If you are interested in taking part, please take a moment to scan the QR code below. This contains a sign up form with a few brief questions, so we may check your suitability for the co-production group. Your responses will be treated confidentially.

## Sign Up Here

Or scan this QR code:



## Why are we recruiting a co-production group?

We believe that the perspectives of mental health professionals who support adolescents and young adults are essential to ensuring that our research addresses the most relevant issues and remains firmly centred on young people's needs.

We value the unique insights you can provide to guide our research towards policy recommendations and interventions that can support young people in developing safe relationships.

## What will happen if I take part?

Initially, we will ask you to answer a few questions about yourself and why you are interested in joining the co-production group, by completing the survey below. We will let you know by mid January if you have been invited to join the co-production group. If selected, you will participate in 6 one/ two hour meetings once every other month between January 2026 - January 2027. In these meetings, you will be invited to share your professional opinions, working with us to co-design our research methods, and provide insight into how findings from our research should be interpreted and communicated.

There is no obligation to join the co-production group if you change your mind after filling in the questionnaire and agreeing to speak with us informally, and you can withdraw from participating at any time. If you are able to take part, we will provide you with detailed information on what to expect from the meetings, and you may choose to offer feedback one-on-one or in a small group. You are not expected to take part in this, or any other, research study as a participant, and you will not be asked to share your personal experience during the co-production activities. Your name, and any other identifying information, will not be used in any research reports.